

# 2003 Health and Preventive Practices Status Report

## from Missouri County-level Study



# Clinton County\*\*

	County Prevalence (%)*	K.C. Metro Region Prevalence (%)*	State Prevalence (%)*
<b>G</b> eneral			
Health Status (Fair or Poor)	14.5	15.2	16.9
No Health Coverage	17.5	10.3	12.3
<b>B</b> ehavioral Risk Factors			
Physical Inactivity	30.7	25.9	23.0
Current Smoker	30.6	23.4	26.5
Overweight (BMI 25-29.9)	36.0	35.6	35.3
Obese (BMI ≥ 30)	24.3	27.4	23.4
<b>D</b> isease and Conditions			
High Blood Pressure	24.1	27.9	28.5
High Cholesterol (35 years or older)	36.9	43.3 H	37.3
Asthma	15.3	12.7	10.7
Diabetes	10.3	6.8	7.2
Activity Limitation	16.3	18.7	17.8
<b>C</b> ancer Screening			
<b>Women</b>			
Never had a Mammogram	13.0	13.0	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	58.2	48.0	49.4
50-64 years of age	45.5	40.4	35.9
65 and older	52.6	43.7	47.4
Never had a Pap Test:			
18-69 years of age	5.1	3.3	5.1
70 and older	3.1	3.1	6.4
No Pap Test in Last Year (18-29)	48.2	23.5	25.8
No Pap Test in Last 3 Years (30-69)	11.0	9.1	13.8
<b>Men and Women 50 Years or Older</b>			
Blood Stool Test:			
Never had a Blood Stool Test	54.8	46.2 L	57.0
No Blood Stool Test in Last Year	81.1	72.0	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	47.0	40.8	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	59.5	48.8	57.0

\*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

\*\* The best indicators for Clinton county were obtained by combining data from Clinton and Ray counties.